

MENTAL HEALTH RESOURCES IN STOCKTON, STANISLAUS AND SACRAMENTO COUNTY

General Mental Health Resources

Name: SUSD Mental Health & Behavior Support Services
Type of Resource: Community and parent information
Website: <https://www.stocktonusd.net/MHBSS>
Phone: 209-933-7000

Name: Central Valley North Area Narcotics Anonymous
Type of Resource: Substance abuse
Website: <http://www.centralvalleynorthna.org/>
Address: P.O. Box 1954 Stockton, CA 95201
(209) 464-9262 (helpline)
Email: cvnna.webservant@gmail.com

Name: Local Therapists search
Type of Resource: Therapy research Website
Website: <https://www.psychologytoday.com/us>

Name: National Alliance of Mental Illness
Type of Resource: Families Support Groups and training for those living with a loved one with mental illness
Website: <http://www.namisanjoaquin.org/>
Address: San Joaquin County
Phone: (209) 468-3755
Email: info@namisanjoaquin.org

Name: CAPC- Child Abuse Prevention Council
Type of Resource: Advice Line offers parenting advice, answers to questions on child abuse and/or prevention, and provides referrals to community resources.
Website: <http://www.nochildabuse.org>
Address: 540 North California Street Stockton CA 95202
Phone: (209) 464-4524
Email: sbjacob@nochildabuse.org

Name: Consumer Support Warm-Line
Type of Resource: Phone line staffed with Mental Health Outreach Workers who give support and shared experiences of Hope and Recovery.
Website: http://www.sjcbhs.org/consumer_support_warmline.aspx
Address: San Joaquin County
Phone: (209) 468-3585
Comments: Non Crisis over the phone support, 24/7 No fee

Name: Women's Center Youth & Family Services
Type of Resource: San Joaquin County's primary provider of free, confidential shelter and services
Website: <http://www.womenscenteryfs.org>
Address: 620 N San Joaquin St, Stockton, CA 95202
Phone: 209-941-2611
Email: kfiser@wcyfs.org

Name: Lao Family Community Empowerment, Inc. (LFCE)
Type of Resource: Refugees/immigrants, services include mental health, education etc.
Website: <http://www.laofamilyofstockton.org>
Address: 8338 West Lane Suite 105 Stockton, CA 95210
Phone: (209) 466-0721

Name: El Concilio
Type of Resource: Provide outreach, education, counseling, job training, classes
Website: <https://www.elconcilio.org/>
Address: 445 North San Joaquin St. Stockton, CA 95202
Phone: 209-644-2600

Name: Victor Community Support Services, Inc.
Type of Resource: Children/family mental health services
Website: <http://www.victor.org>
Address: 2495 West March Lane Suite 125 Stockton, CA 95207
Phone: (209) 465-1080
Email: MLewis-Akyeem@victor.org

Name: Haven of Peace
Type of Resource: Emergency Homeless Shelter for Women & Children
Website: <http://www.havenofpeaceinc.com>
Address: 7070 South Harlan Road French Camp, CA 95231
Phone: (209) 982-0396

Name: Peer Recover Center @ The Wellness Center
Type of Resource: Peer support program run by and for individuals with mental health challenges.
Website: <http://www.thewellnesscenterprs.org/>
Address: 1109 North California Street Stockton CA 95202
Phone: (209) 451-3977
Email: mfields@twcsj.org

Name: Life Practice Counseling Group
Type of Resource: Sliding scale low cost counseling
Website: <http://www.lifeppractice.org/home.html>
Address: 5651 North Pershing Avenue Suite C-6 Stockton, CA 95207
Phone: (209) 915-4212
Email: lifeppractice@comcast.net

Name: San Joaquin 211

Type of Resource: Easy for people to find the help they need when they need it.

Website: <https://211sj.org/>

Phone: 211

Name: Hospice of San Joaquin

Type of Resource: Bereavement Support Groups and workshops

Website: <http://www.hospicesj.org>

Address: 3888 Pacific Avenue Stockton CA 95204

Phone: (209) 957-3888

COVID19 Resources

Name: Stockton Strong

Type of Resource: Stockton's COVID-19 Information and Resource Center

Website: <https://www.stocktonstrong.org/>

Phone: 1-800-799-7233

Name: California Coronavirus (COVID-19) Response

Type of Resource: Updated daily information related to COVID-19

Website: <https://covid19.ca.gov/>

Name: Stockton Chamber of Congress

Type of Resource: Information on COVID-19 plus valuable links and resources for the community.

Website: <https://stocktonchamber.org/coronavirus-resources/>

Phone: (209) 547-2770

Stanislaus County Resources

Name: Community Hospice

Type of Resource: Individual/group grief, bereavement

Website: <https://www.hospiceheart.org>

Address: 4368 Spyras Way, Modesto, CA

Phone: (209) 578-6300-Stanislaus / (209) 477-6300- SJ

Email: heart@hospiceheart.org

Name: New Beginnings

Type of Resource: Family Counseling, Distant Learning Parent Support Groups Next \$20 Group begins Aug 29, 2020

Website: <https://www.newbeginnings-familycounseling.com/>

Phone: 209-892-590 Paterson/ 209-554-6808 Modesto

Address: Patterson & Modesto

Name: Parents United of Stanislaus County

Type of Resource: Assistance of parents, children and victims affected by child sexual abuse

Website: <https://www.parents-united.net/>

Address: 610 14th Street Modesto CA 95354

Phone: (209) 524-4858

Email: parentsunited@sbcglobal.net

Sacramento Resources

Name: Greenhouse Therapy

Type of Resource: Low cost sliding scale mental health therapy

Website: <https://www.greenhousetherapy.net/>

Address: Elk Grove, Sacramento, Folsom

Phone: 916-701-7667

Email: <mailto:erin@greenhousetherapy.net>

Name: Mental Health Access Team

Type of Resource: To request services and an over-the-phone assessment in order to be referred to an appropriate mental health service provider

Website: <https://dhs.saccounty.net/bhs/Pages/BHS-Home.aspx>

Address: 3331 Power Inn Road, Suite 180 Sacramento, CA 95826

Phone: (916) 875-1055

Name: Life Practice Counseling Group

Type of Resource: Low cost sliding scale therapy

Website: <http://www.lifepractice.org/home.html>

Address: 3650 Auburn Blvd C-208, Sacramento, CA 95821

Phone: (916) 300-6576

Email: lifepractice@comcast.net

Developmental Disabilities Resources

Name: Disability Voices United

Type of Resource: Resources for individuals with developmental disabilities

Website: <https://disabilityvoicesunited.org/>

Address: Statewide Program

Phone: (530) JOIN DVU (564-6388)

Email: info@dvunited.org

Name: Behavior Matters

Type of Resource: Serving the Vacaville, Fairfield, Marysville and Central Valley areas

Website: <https://www.behaviormattersllc.com/>

Address: 3333 Vaca Valley Pkwy #900 Vacaville, CA 95688

Phone: (707) 724-6810

Name: Family Resource Network

Type of Resource: Amador, Calaveras, San Joaquin, Stanislaus and Tuolumne

Website: <http://www.frcn.org/about.php>

Address: 5250 Claremont Avenue, Ste 148, Stockton, CA 95207

Phone: (209) 472-3674 or (800) 847-3030

Email: frnfamilies@frcn.org